



**Dr. Ericka Stricklin-Parker**  
Licensed Clinical Psychologist

*Thank you for taking a few moments to complete this form. This helps me to better help you.*

**INTAKE QUESTIONNAIRE**

Name: \_\_\_\_\_ Date: \_\_\_\_\_

How did you hear about my services? The internet \_\_\_ My website \_\_\_ Your insurance \_\_\_  
A friend/family member \_\_\_ Former client \_\_\_ Other \_\_\_  
.....

Have you had previous psychological treatment? If yes, when and where  
\_\_\_\_\_

Today's presenting problem: \_\_\_\_\_

What are your expectations for this experience?  
\_\_\_\_\_

**Personal Information:**

Current marital status: Never married \_\_\_ Married \_\_\_ Divorced \_\_\_ Separated \_\_\_  
Widowed \_\_\_ Living together/Partnered \_\_\_

Current employment: Full-time \_\_\_ Part-time \_\_\_ Not working \_\_\_

Occupation: \_\_\_\_\_ How long in this profession? \_\_\_\_\_

Overall satisfaction with life: 1 (highly dissatisfied) to 10 (highly satisfied) \_\_\_\_\_

Overall satisfaction with job: 1 (highly dissatisfied) to 10 (highly satisfied) \_\_\_\_\_

Overall satisfaction with spouse/partner: 1 (highly dissatisfied) to 10 (highly satisfied) \_\_\_\_\_

Current personal functioning: Optimal \_\_\_ Average \_\_\_ Below average \_\_\_ Poor \_\_\_

Personal goals in life: Better job \_\_\_ Establish a romantic relationship \_\_\_ Stronger romantic  
relationship \_\_\_ Stronger family ties \_\_\_ Return to school \_\_\_ Greater self-esteem \_\_\_  
Become more assertive \_\_\_ Develop hobbies \_\_\_ Increase social network \_\_\_

How will you know when you are ready to discontinue your treatment?  
\_\_\_\_\_

**Family information:**

Spouse/partner name: \_\_\_\_\_ Age: \_\_\_\_\_ Occupation: \_\_\_\_\_

Parents: Mother living? Yes \_\_\_ No \_\_\_ Current or former occupation: \_\_\_\_\_

Father living? Yes \_\_\_ No \_\_\_ Current or former occupation: \_\_\_\_\_

# sisters \_\_\_ # brothers \_\_\_ only child \_\_\_\_\_ adopted \_\_\_\_\_

Children: minors \_\_\_\_\_ emancipated \_\_\_\_\_

**Medical information:**

Do you see a physician on a regular basis? Yes \_\_\_ No \_\_\_

When was your last physical exam? \_\_\_\_\_

Would you like your physician to be informed of your treatment here? Yes \_\_\_ No \_\_\_

Are you currently taking any psychotropic medications? Are they beneficial?

If yes, please list: \_\_\_\_\_

**Current Presenting Problems:**

Please respond to all items. Circle your responses as they relate to your experience within the last few days to weeks.

Rating:	0 = none	1 = mild	2 = moderate	3 = severe
Depression	0	1	2	3
Anxiety/worry	0	1	2	3
Irritability	0	1	2	3
Anger	0	1	2	3
Guilt	0	1	2	3
Mood swings	0	1	2	3
Low energy	0	1	2	3
Poor concentration	0	1	2	3
Hopelessness	0	1	2	3

Sleep disturbance	0	1	2	3
Appetite disturbance	0	1	2	3
Physical appearance	0	1	2	3
Thoughts of self-harm	0	1	2	3
Physical abuse	0	1	2	3
Sexual abuse	0	1	2	3
Emotional abuse	0	1	2	3
Grieving loss	0	1	2	3
Loneliness	0	1	2	3
Romantic relationship	0	1	2	3
Relations with family	0	1	2	3
Relations with friends	0	1	2	3
Sexual difficulties	0	1	2	3
Job dissatisfaction	0	1	2	3
Health issues	0	1	2	3
Financial stress	0	1	2	3
Legal issues	0	1	2	3
Poor self-concept	0	1	2	3
Alcohol misuse	0	1	2	3
Drug misuse	0	1	2	3
Internet overuse	0	1	2	3
Gambling	0	1	2	3

Name: \_\_\_\_\_ Date: \_\_\_\_\_